# Breakfast

### OLIO BREAKFAST BUFFET | 21 CONTINENTAL BUFFET | 18

Oatmeal, assorted Kellogg's cereals, granola, fresh yogurts, fresh fruit, choice of breakfast breads and pastries, eggs cooked to order, home fries, a choice of bacon or country sausage and a selection of Mediterranean breakfast specialties

THE BUFFET INCLUDES ORANGE JUICE AND YOUR CHOICE OF COFFEE OR TEAU PGRADE TO ESPRESSO 1 / LATTE 2

#### **OLIO SIGNATURES**

The Olio Skillet | 21

Smoked Chicken hash, two fresh eggs, aged gruyere cheese, green onion

Eggs Benedict | 21

Two poached eggs with either smoked salmon or peameal bacon on a toasted English muffin or on portobello mushroom cap (gluten free) with fresh herb hollandaise sauce and fresh fruit

Broken Yolk Sandwich | 19

Two fried eggs, crisp bacon, aged cheddar, multigrain bread, hash browns, fresh fruit

## CLASSICS

Healthy Breakfast | 19

Egg white omelette with tomato, arugula and herbs, multi grain toast, side of fresh fruit and berries

All Canadian Breakfast | 19

Two eggs any style with home fries, choice of bacon, sausage or ham and toast, bagel or muffin

Olio Omelette | 19

Made with whole eggs or egg whites. Your choice of two; peameal, black forest ham, strip bacon, sausage, mushrooms, Spanish onions, peppers, green onions, diced tomato, cheddar cheese and swiss cheese with home fries

#### FROM THE GRIDDLE

North Country Breakfast | 17

Choice of buttermilk pancakes, waffles or double thick French toast with maple cured ham or strip bacon or country sausage

ALL OF THE ABOVE ITEMS INCLUDE ORANGE JUICE AND CHOICE OF COFFEE OR TEAUPGRADE TO ESPRESSO 1 / LATTE 2

## ON THE SIDE

Sausage, Bacon, Maple Cured Ham or Peameal | 5 Two Eggs, any style | 4

One Egg, any style | 3 Home Fries | 4

Bowl of Fresh Cut Fruit & Berries | 10

Yogurt or cottage cheese

Bircher Muesli | 10

Greek yogurt and berries

Goji Berry Blitz Smoothie | 12

Blueberries, raspberries, almond milk, greek yogurt, agave

Green Giant Smoothie | 12

Avocado, kale, spinach, ginger, pineapple, greek yogurt

## STARTER AND CEREALS

Granola, raisins, low fat yogurt | 7

Assorted low fat and regular yogurts | 5

Selection of Kellogg's cereals with sliced

strawberries and bananas | 7

Smoked salmon with whole wheat mini bagels,

cream cheese and capers | 13

Oatmeal, maple syrup, cream and raisins | 7

Two freshly baked croissants, Danishes

or muffins | 6

Bagel with cream cheese | 6

Toast; white, whole wheat, multigrain

or marble rye | 3

## **BEVERAGES**

2%, skim, chocolate or soy milk | 3

Freshly squeezed orange or grapefruit juice  $\mid$  4

Tomato or apple juice | 4

Freshly brewed Starbucks regular or decaffeinated coffee 1.3

Tazo® teas | 4

Espresso | 4

Cappuccino, café au lait, hot chocolate | 4

