

## Fish and Seafood

Olio Catch of the Day Fresh fish from sustainable fisheries, prepared daily	Market
Crisp Seared Wild Pacific Salmon Wilted kale, chickpeas with lemon and almond butter	25
Pan Roasted Sablefish Smoked bacon, new potatoes, root vegetables and cream	31
From the Land  We use only Certified Angus beef to ensure the highest quality	
All Steaks	
Seasoned and served with Yukon gold potato mash, Olio butter and seasonal vegetables  12 oz Striploin Steak	34
6 oz Striploin Steak	25
8 oz Sirloin Steak	23
Slow Braised Lamb Shank	31
Heirloom carrots, couscous, dried dates	31
Pan Seared Veal Liver Caramelized onions, crisp bacon and seasonal vegetables	24
Mushroom, Spinach and Asiago Stuffed Chicken Yukon mash, seasonal vegetables and sun dried tomato jus	28
Sides	
Green peppercorn sauce	2
Sweet Potato Fries Sautéed Mushrooms	5 4
Jumbo Onion Rings	4
Postes and Piece	
Pastas and Rices  Hearty or light, these dishes are pover a disappointment.	
Hearty or light, these dishes are never a disappointment.	
Spaghetti Olio Preserved tomatoes, olive oil, garlic, parsley and Pecorino cheese	15
Add homemade veal and beef Bolognese sauce or	18
Add Shrimp	21
Gluten Free Penne with Smoked Chicken Roast peppers, sun-dried tomatoes and goat cheese cream	18
Seafood Paella	25
Mussels, shrimp, chicken, chorizo sausage, saffron, tomato	
North Atlantic Lobster Ravioli Fresh herb and sun dried tomato butter, wilted spinach	28
Winter Vegetable Risotto	
Butternut squash, corn, mushrooms, dried tomatoes and kale With shrimp	17 23



## A MEDITERRANEAN GRILLE

The key to the great cuisine of the Mediterranean lies in its simplicity.

Here at Olio, we use this philosophy as an inspiration for our dishes: seasonal, local ingredients prepared in a style that will bring out their natural flavours. Organic produce and naturally raised meats, as well as fish from sustainable fisheries and environmentally sound aquaculture farms, have been chosen to complement this philosophy.

So let us interpret for you the foods of Italy, Spain, Greece, France and Morocco.

<u>Zuppas</u>	
<b>Zuppa Del Giorno</b> Our fresh daily creation	7
Roasted Red Pepper and Tomato Soup Fresh chives and feta cheese	7
Classic Clam Chowder with Double Smoked Bacon Potatoes, carrots, baby clams and fresh tarragon	8
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Ensalade and Tapas	
Marinated Olives Nicoise, almond stuffed, lemon stuffed, garlic stuffed	2
Caesar Salad Crisp fresh romaine, our own foccacia croutons, bacon, Pecorino cheese and a squeeze of lemon	8
FRESH RAW OYSTERS	
Two selections brought in daily from Rodney's Oyster House® Served with fresh horseradish, lemon and mignonette sauce	
Eight Oysters	
Four Oysters  Four Oysters	
Four Oysters  Frisee and Belgian Endive Salad	10
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	18 10 9 8 15 15